

Exciting news. The I.B.E.W. Local 292 Health Care Plan has re-partnered with [TEAM](#).

If you or someone you know needs some support this time of year, or anytime, there are resources available. Please take care of yourself and watch out for and be kind to others. There are resources available. Start with [TEAM](#)!

The I.B.E.W. Local 292 Health Care Plan has re-partnered with TEAM Employee Assistance Program. Beginning September 1, 2023. [TEAM](#) will replace Optum as our Employee Assistance Program. This can be your first step for support.

Need to reach TEAM? You can speak to a [TEAM](#) counselor by calling TEAM's toll-free number at [1-800-634-7710](tel:1-800-634-7710) or one of TEAM's local numbers at [651-642-0182](tel:651-642-0182) & [218-727-8589](tel:218-727-8589) day or night.



Experts dedicated to building a healthier you.

For any health concern, start with [TEAM](#) Wellness at Work

PATIENT ADVOCACY SERVICES
Health + wellness guidance to help you:

- Understand medical conditions and diagnoses
- Eat healthier and find your ideal weight
- Get you to the best care for just about any condition
- Coordinate your care for orthopedic conditions and surgeries
- Get you second opinions and in-network referrals
- And more!

EMPLOYEE ASSISTANCE PROGRAM SERVICES
Video-conference and face-to-face help for:

- Alcohol or Drug Problems
- Family / Parenting Issues
- Depression / Anxiety
- Grief and Loss
- Behavioral Concerns
- Stress Management
- Relationship Challenges
- Job-Related Difficulties

800.634.7710 startwithteam.com

Now serving Iowa, Minnesota, Nebraska, North Dakota, South Dakota, and Wisconsin.

800.634.7710 startwithteam.com

All services are confidential

24/7 phone assistance

Contact Us

If you have further questions about TEAM or any other Health Care Benefits. Contact the IBEW 292 Benefits office. <https://www.ibew292benefits.org/> 763-493-8830